

## YUMMY CENTER

The project aims to teach students at the age of 6 - 12 that healthy eating is necessary for healthy development.

"Yummy center - We eat healthy" is to increase students' knowledge about the benefits that come with eating a healthy breakfast.

- We have a powerful opportunity to teach kids to appreciate wholesome foods by using creative children's activities about healthy eating. Children are going to have fun learning about nutrition, cooking, or even planting together.
- We are going to create an opportunity for learning about food in many ways.
- We are going to try some easy recipes we can make together.
- We are going to teach them where the food comes from.

**The goal of Yummy center is to teach their nutritional needs and create positive eating habits that will last a lifetime.**

"Yummy center - We eat healthy" is a project plan to be finished by the end of this school year, starting this month ( November ).

In this project, there are four partner schools and teachers from those schools.

1. Primary school " Goce Delchev" - Konche, North Macedonia
2. Middle school " Mustafa Necati Ortaokulu " - Gaziantep, Turkey
3. Primary school " Základní škola " - Vnorovy, the Czech Republic
4. Middle school " Bartın Borsa İstanbul Ortaokulu" - Bartın, Turkey